

2017 Head for the Hills

Race Date
April 22, 2017

Overall Finish List**5 km Trail Run**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>
1	John-Patrick Ka Karwowski	Oshawa ON	1746	M	21:24
2	Adam Bunz	Port Colborne Ontario	1761	M	22:41
3	Ray Phiip	Thorold ON	1706	M	23:55
4	Kevin MacDonald	St Catharines ON	1748	M	25:44
5	Vic Thiessen	St. Catharines ON	1756	M	25:49
6	Jerry Gibb	Thorold ON	1714	M	27:29
7	Cam Johnson	St Catharines ON	1720	M	27:55
8	Ron Smith	Stevensville ON	1708	M	28:33
9	Chris Newson	Fonthill ON	1716	M	29:19
10	Julie Dyck	St. Catharines ON	1718	F	29:22
11	Elliott MacDonell	Greenwood ON	1738	M	29:27
12	Michael Campbell	Toronto ON	1739	M	29:27
13	Genille Kroeker	Virgil ON	1719	F	29:41
14	Joseph McKiernan	St. Catharines ON	1727	M	29:43
15	Rebecca Read	St. Catharines ON	1709	F	29:46
16	Caitlyn Gallant	Thorold ON	1721	F	30:41
17	Patrick Lyons	St. Catharines ON	1732	M	30:46
18	Chris Richard	St. Catharines ON	1731	M	30:59
19	Bradey Alcock	St. Catharines ON	1722	F	31:47
20	Jayme Richardson	St Catharines ON	1751	F	31:53
21	Debbie Iwanyzki	Wilsonville ON	1704	F	32:18
22	Karly Lyons	St. Catharines ON	1733	F	32:56
23	Laura Tryphonopopulos	St Catharinesq ON	1766	F	33:06
24	Dave Campbell	Toronto ON	1742	M	33:08
25	Olivia MacLean	St Catharines ON	1750	F	34:28
26	Jen MacLean	St Catharines ON	1749	F	34:30
27	Leigh-Anne Goodine	Brantford ON	1726	F	34:32
28	Janet Plant	St. Catharines ON	1717	F	34:35
29	Kiana Lapierre	Pembroke ON	1744	F	35:16
30	Karen Campbell	St. Catharines ON	1707	F	36:11
31	Michelle Lucy	St. Catharines ON	1758	F	36:15
32	Brenda Kennedy	St. Catharines ON	1715	F	36:17
33	Jordan Power	St. Catharines ON	1743	M	36:18
34	Tawnya Telenco	St Catharines ON	1753	F	36:59
35	Diane Eller	Fonthill ON	1705	F	38:12
36	Sharryn Oleskiw	Port Colborne ON	1757	F	38:12
37	Jen Kiers	St Catharines ON	1752	F	38:16
38	Don McMaster	Grimsby ON	1763	M	39:24
39	Mathilda MacHado-Gardiner	Hamilton ON	1729	F	47:16
40	Barbara-Jane Ardan	Caledonia ON	1725	F	47:16

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Overall Finish List

10 km Trail Run

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Gend</u>	<u>Time</u>
1	Nikolay Ryabkov	Oakville ON	1701	M	40:28
2	Jeff Rowthorn	Mount Hope ON	1759	M	41:21
3	Tim Winter	St. Catharines ON	1702	M	42:10
4	Adam Nash	St. Catharines ON	1693	M	43:00
5	Laura Stott-Allworthy	Norncastle ON	1760	F	50:33
6	Graham Noble	Welland ON	1699	M	54:03
7	Andrew Newman	Welland ON	1692	M	55:48
8	Joanna Fleming	Welland, Ontario ON	1698	F	58:15
9	Michelle Jodoin	St. Catharines ON	1697	F	1:02:56
10	Walter Sendzik	St. Catharines ON	1700	M	1:04:18
11	Greg O'Neil	Welland ON	1696	M	1:04:40
12	Suzanne Ramsay	Ottawa ON	1691	F	1:07:10
13	Jason Smith	Ottawa ON	1690	M	1:07:10